

Maintaining home life and contact with families

Although the pandemic has necessitated us taking the home into lockdown, it has not meant that we have lost contact with the outside world – far from it.

We have Skype, Facetime and WhatsApp ability for maintaining contact with families. This is working well with appointments made via the activities staff team. Most families have now been in communication in this manner.

We have isolated a visiting room where families can access without entering the building and residents can enter through the building, enabling them to socialise whilst keeping the safe 2m distance, so as to ensure there is a gradual lifting of the lockdown whilst keeping everyone safe. We also have a bookable system whereby there are socially distanced visits within the homes gardens.

Although we are not accepting normal relative visits within the home itself, we can facilitate visits for people who have relatives that are receiving palliative or end of life care.

We are encouraging the use of mobile phones and emails with video conferencing whenever possible.

We have tried very hard to make sure that stimulation and interest for residents is maintained on a daily basis. Activities continue with social distancing regulations observed.

We have entertainment continuing with external performers accessing the garden and performing under a gazebo keeping a distance from the home whilst residents can see and hear the concert performances safely.

The home has a weekly art group and has continued to offer group and 1-1 sessions with the activities staff, to keep residents motivated and stimulated. Quizzes have been particularly enjoyed and sparked some healthy competition. Letter writing and book club have also become favourite pass times as well as holding resident's meetings outside, weather permitting. We plan to increase our provision of exercise to encourage our residents to maintain or improve their mobility.

Abbey Rose is working on being more environmentally friendly and part self-sufficient with a plant being planted for every resident admitted. We are also a herb garden and other fruit trees will be planted.

Our local community has also been very supportive. We have received letters and drawings from our local schools and a number of donations of Easter Eggs, Toiletries, Chocolates, Flapjacks, Flowers, M&S food parcels, Face Visors, Hand Sanitiser and Staff Wellbeing Kits to keep morale up.

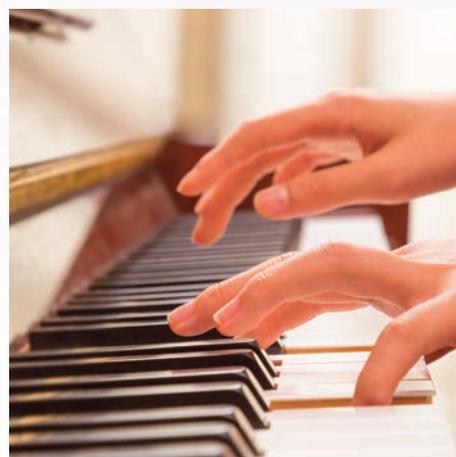


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